

THE PRAIRIE PRESS

September 2025



SAME DAY

Mental Health Services

Monday–Thursday

8:30 a.m. – 2:30 p.m.

**1901 E. 1st St.
Newton, KS 67114**

**1102 Hospital Dr.
McPherson, KS 67460**

**508 S. Ash St.
Hillsboro, KS 67063**



Pet of the Month



PEANUT

Human:
Ryann Grah

Favorite Activity:
**Eating rocks or
stealing socks!**

Favorite Food:
Cheese

**Think your pet
deserves to be Pet of
the Month?**

**Send their cutest pics
to Whitney at
woodwardwf@pvi.org!**

EMPLOYEE SPOTLIGHT



Katrina Caide

ZERO SUICIDE COORDINATOR

KATRINA'S JOB RESPONSIBILITIES:

I support patients enrolled in the Zero Suicide Pathway by conducting regular outreach, collaborating with their care teams, and managing the pathway on the administrative side. I also get to work with the Zero Suicide Implementation Team to brainstorm and test out ways to improve the Zero Suicide framework for patients, providers, and staff!

WHAT TV SHOW/PODCAST/BOOK ARE THEY CURRENTLY OBSESSED WITH?

I love to listen to the podcast Wife of Crime while I take my evening walks at home. It's the perfect mix of true crime and lighthearted banter!

WHAT ARE YOU A CONNOISSEUR OF?

I'm a bit of a hobby collector (crochet, jewelry making, knitting, you name it!) The result is an overabundance of partially finished projects that I'll DEFINITELY get back to (one day)



National

Suicide Prevention Month

DID YOU KNOW?

- Suicide is the eleventh leading cause of death in the United States.
- Suicide is preventable.
- Asking someone if they are thinking about suicide does not increase risk; it opens the door to help.
- Health systems that use the Zero Suicide framework have reported reductions in suicide deaths of up to 70–80%.

988

SUICIDE & CRISIS
LIFELINE

WHAT CAN YOU DO?

- Start the conversation. Ask them if they are thinking about killing themselves. This will not put the idea into their head.
- Create a safety plan. Note coping steps, crisis contacts, and safe spaces.
- Take a training. Prairie View offers Mental Health First Aide courses for youth and adults.
- Be a bridge. Stay with the person until you can get further help. Connect them to **988** or **Prairie View's Mobile Crisis Team**.

Learn more: samhsa.gov | cdc.gov | zerosuicide.edc.org

WARNING SIGNS TO WATCH FOR

- Talking about hopelessness, being a burden, or wanting to die
- Withdrawing from friends, work, or school
- Major mood or behavior changes
- Giving away possessions or saying goodbye

If you notice these, reach out. Ask directly. Listen without judgment.

CRISIS SUPPORT

- 988 Suicide & Crisis Lifeline: **Call or text 988**, 24/7 free and confidential
- Crisis Text Line: Text **HOME** to **741741**
- Prairie View's Mobile Crisis Team: **800-362-0180**



Prairie View

NATIONAL RECOVERY MONTH



About Recovery

50.2 million American adults considered themselves to be in recovery from their substance use and/or mental health problems.

- **2 in 3** adults who ever had a mental health problem
- **7 in 10** adults who ever had a substance use problem

How to Support Recovery

- **Share stories:** talking openly about recovery helps normalize it.
- **Reduce stigma:** use person-first language (e.g., “a person in recovery” instead of “addict”).
- **Connect to care:** encourage loved ones to reach out for help.
- **Celebrate progress:** recovery looks different for everyone.

Resources

- SAMHSA National Helpline: **1-800-662-HELP** (4357) is 24/7, free, and confidential.
- 988 Suicide & Crisis Lifeline: **call or text 988** anytime.
- Prairie View offers outpatient substance use treatment for adults and youth.
Call 800-992-6292 for more information.

PRTF VS STAFF KICKBALL



Prairie View staff and youth from the Psychiatric Residential Treatment Facility (PRTF) came together for a friendly kickball game, trading bats and gloves for bases and a big red ball. The game was full of energy, teamwork, and plenty of laughs as both sides showed off their skills. Events like these highlight the power of play to build connection, spark joy, and remind us that healing often happens beyond the therapy room.

PRAIRIE VIEW IN ACTION



On September 11 in Colwich, Prairie View leaders Dr. Jodie Beeson and Bryant Miller introduced AgAssist and Mental Health First Aid courses to the Sedgwick County Farm Bureau, offering farmers and rural households free support and practical tools to strengthen well-being and community.

Prairie View's Youth and Family Services outpatient and school-based program kicked off the school year with a Back-to-School Bash filled with energy, connection, and excitement for the year ahead.



Prairie View received HOPE and CARE kits from Wichita State University's Suspenders4Hope program, providing resources to support people coming out of crisis and promote harm prevention. Made possible through the Kansas Fights Addiction Grant, these kits reflect a valued partnership with WSU's CARE team to strengthen community support.

PRAIRIE VIEW IN ACTION

Continued...



KHA Leadership Institute

Anoria Carlson

Director of Community Support Services

Prairie View
Newton

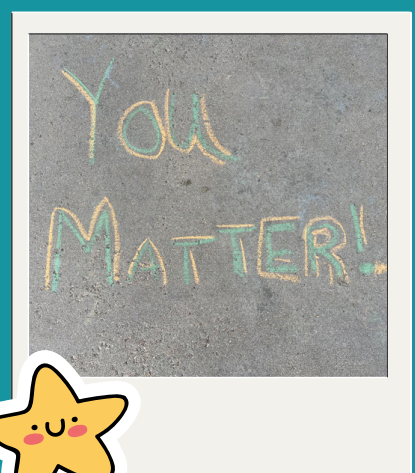
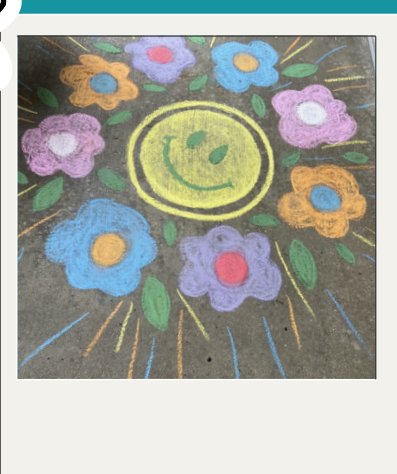
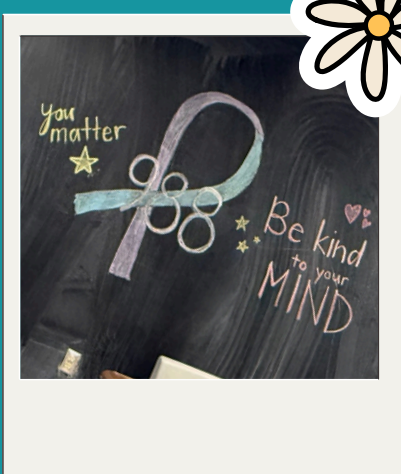
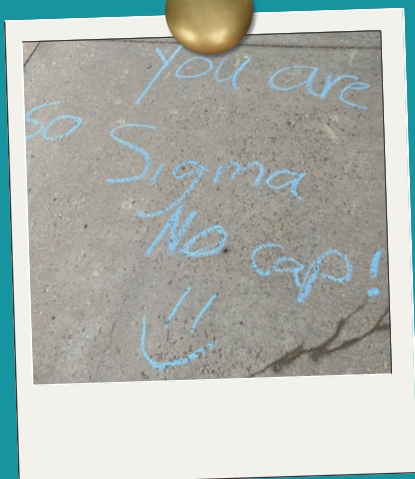


Anoria Carlson, Director of Community Support Services, was selected as an up and coming leader to attend the Kansas Hospital Association Leadership Academy. Anoria successfully completed this 3 day training and was acknowledged during the lunch award ceremony. Congratulations Anoria!

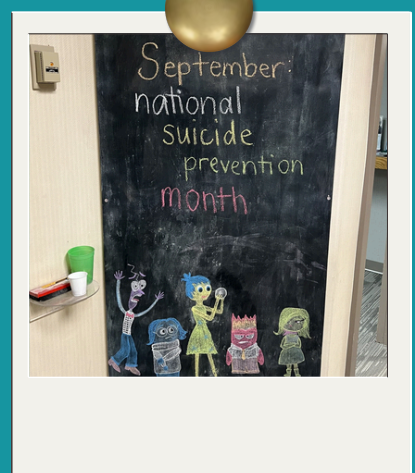
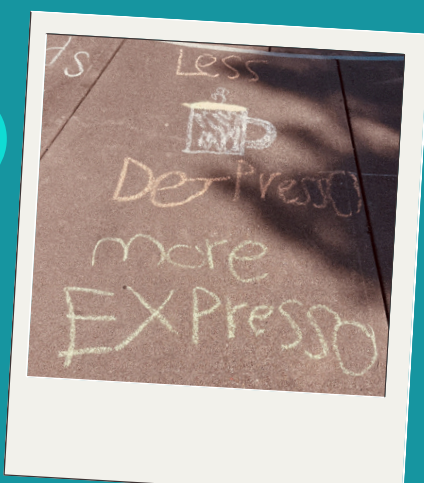
Prairie View had a great time at Hillsboro's Downtown Cruise Night. The event featured first responder recognition, classic cars, and plenty of fun treats for the community. We were glad to join in and connect with those who stopped by.



Senator Roger Marshall visited Prairie View to meet with staff and learn more about our programs. During the tour, he described Prairie View as "the gold standard" in mental health, highlighting the daily impact of our team.



988
day!



This September, Prairie View offices recognized 988 Day and Suicide Prevention Month through our Chalk it Out initiative. Staff, clients, and community members came together to decorate walkways with uplifting words and artwork. These colorful messages of hope and encouragement served as a reminder that no one is alone. We extend a heartfelt thank you to everyone who was involved and took time to draw something. You helped brighten our sidewalks and our spirits.

Legacy Luncheon



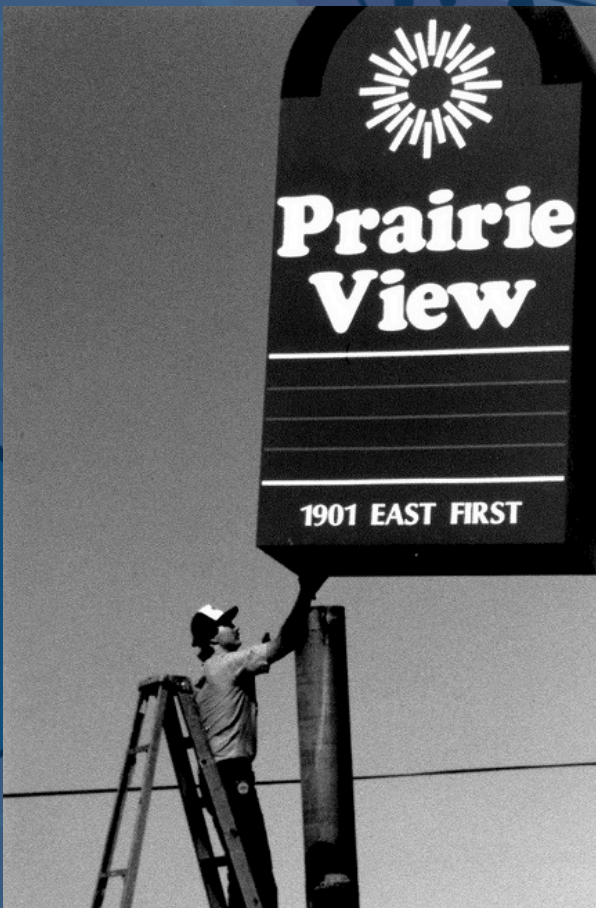
We celebrated our 2nd annual Legacy Luncheon at The Mezzanine at Prairie Market & Deli, honoring 43 employees who have dedicated 15 years or more to Prairie View. Whether providing care, support or behind-the-scenes service, their commitment has strengthened our mission and touched countless lives.

THROWBACK

Thursday!

1987

2025





Prairie View

WE ARE HIRING!

MULTIPLE POSITIONS OPEN!



**APPLY
NOW**

