

A PRAIRIE VIEW

Sharing Moments That Matter
June 2024



GOVERNOR LAURA KELLY VISITS PRAIRIE VIEW AS PART OF HER MEDICAID EXPANSION TOUR

We were honored to host Governor Laura Kelly at Prairie View as part of her Medicaid Expansion Tour. Governor Kelly's visit highlights the critical importance of expanding Medicaid in Kansas.

Expanding Medicaid will provide essential healthcare coverage to thousands of Kansans without access to necessary medical services.

This expansion is vital for improving mental health and substance use disorder treatments, ensuring that more individuals can receive timely and effective care.

We are grateful for Governor Kelly's commitment to enhancing healthcare access and look forward to the positive impact Medicaid expansion will have on our community.



PRAIRIE VIEW ACHIEVES FULL ACCREDITATION AS A CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINIC

We are thrilled to announce that Prairie View is now fully accredited as a Certified Community Behavioral Health Clinic (CCBHC)! This prestigious accreditation marks a significant milestone in our ongoing commitment to providing exceptional care and support to our communities.



What This Means for Prairie View and Our Communities:

Enhanced Quality of Care: Achieving CCBHC accreditation ensures that Prairie View meets the highest standards in providing comprehensive mental health and substance use disorder services. Our patients can expect improved, more holistic care.

Increased Access to Services: As a CCBHC, Prairie View can now continue to offer a broader range of services, including crisis mental health services, treatment for substance use disorders, same-day new patient screenings, and comprehensive mental health care. This enhances everyone in our communities' access to vital services.

Integrated Care: CCBHCs are designed to offer integrated care, addressing mental health, substance use, and physical health needs together. This approach leads to better overall health outcomes for our patients.

Sustainable Funding: With this accreditation, Prairie View can access enhanced funding opportunities, ensuring long-term stability and growth for our services.

Community Impact: Our accreditation reinforces Prairie View's role as a leader in behavioral health care within our community. It helps build trust and demonstrates our commitment to improving the well-being of those we serve.

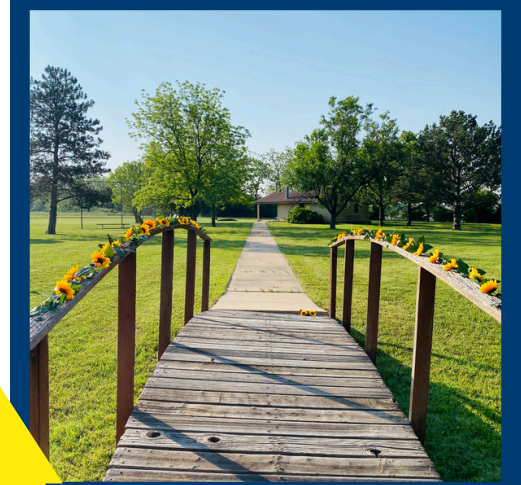
Staff Development and Training: The rigorous accreditation process involves extensive training and development. Our teams are better equipped with the latest knowledge and skills to provide exceptional care.

We are incredibly proud of this achievement and excited about its positive impact on our community.

Stay tuned for more updates as we continue to grow and enhance our services. Together, we are making a difference.

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PRAIRIE VIEW GROUND-BREAKING CEREMONY FOR SANCTUARY ON THE PRAIRIE

On a beautiful sunny day in May, Prairie View celebrated a significant milestone with the groundbreaking ceremony for the Sanctuary on the Prairie project. Community members and partners, including the Newton Chamber of Commerce, enthusiastically participated in the event.

The Sanctuary on the Prairie project represents a revolutionary approach to crisis stabilization, providing individuals with immediate support and care in a safe, supportive environment.

This initiative offers an alternative to hospitalization, featuring fully independent units where individuals can reside for up to 90 days while receiving comprehensive care from Prairie View.

We are deeply grateful to the Clark Family for their generous donation to the Sanctuary on the Prairie Project, enabling the construction of the first home, aptly named the “THRIVE” House. This contribution will provide a safe, supportive environment for individuals in need, helping them on their journey to stability and independence.

We are excited to see the positive impact the Sanctuary on the Prairie will have on our community and grateful for the support from everyone who joined us on this momentous day. Together, we are paving the way for a brighter, more stable future for those in need. Thank you, Clark Family, for making a lasting impact on our community.



SAME-DAY ACCESS FREQUENTLY ASKED QUESTIONS

What should I expect when I come for Same Day

Access?

- After checking in with our front desk, you will be given a variety of forms to fill out while they notify staff of your arrival. Once completed with the paperwork, a Patient Navigator will assist in gathering more information, including your medical history and reason for coming in. After you meet with a Patient Navigator, you will meet with one of our Access Clinicians, who helps complete your Evaluation and makes treatment recommendations. After your appointment, our schedulers help you arrange follow-up services. In total, plan your appointment to take between 1.5 and 2 hours.
- The following services are not always available by walk-in but could result in a referral: SUD or DUI Evaluations, diagnostic testing, Competency Evaluations, Driving Capacity Evaluations, and others. Call for questions.
- Your needs, provider availability, and insurance—or your willingness to see an out-of-network provider—determine who you are referred to for follow-up treatment.

Do I have to have insurance?

- We accept most major insurances, including KanCare, and do our best to match you with a provider in your network. Patients are always welcome to see a provider outside their insurance network as well, though additional fees may apply, and you may be asked to sign a form acknowledging this extra cost.
- We also offer sliding-scale rates for uninsured and underinsured residents of Harvey, McPherson, and Marion counties. If you want to apply, plan to bring proof of income and something with your address on it. You can speak with a Patient Accounts Representative at your appointment if you have further questions.

Do I have to come to Newton to be seen?

- We can meet with patients remotely from our McPherson or Hillsboro offices if there are issues with transportation or if there is another barrier. In-person visits via Same Day Access are available in Newton.

Can I have someone else bring my child for their appointment?

- We require at least one parent or legal guardian to attend the first visit to be able to sign consent for treatment and any releases to others who may be bringing the patient to their appointments. It's also helpful for our therapists and clinical staff to get supporting information from a parent or other person aware of the patient's situation.

More info available on our website at <https://prairieview.org/our-services/same-day-evaluations-faqs>

PRTF TRAINING

Raising the bar for youth mental health care in Kansas

Our PRTF staff just finished the PAX Tools for Human Services training! This program equips them with trauma-informed, evidence-based behavioral strategies to better support the youth in our community.

By promoting self-regulation, reducing conflicts, and improving relationships, our team is gaining invaluable tools and materials to make an immediate, positive impact on the young people we serve. This training empowers our staff to create a nurturing and stable environment essential for the growth and well-being of our youth.



PRAIRIE VIEW DEI TASKFORCE

The Prairie View DEI Taskforce's mission is to identify barriers to and advocate for the organizational development of inclusive practices in hiring, retaining, and advancing members of non-majority groups at all levels and to identify exclusionary factors that interfere with the quality delivery of trauma-informed services to all in need in the community.

Our work involves empowering individuals by valuing and honoring their unique qualities, including differences in age, gender, ethnicity, religion, disability, sexual orientation, educational background, and nationality.

The DEI Taskforce, in addition to addressing workforce diversity, is proactively committed to ensuring that all community members have access to trauma-informed services that meet their unique needs. We understand that exclusionary factors, such as cultural insensitivity or lack of accessibility, can hinder individuals' ability to seek and receive the care they deserve. Therefore, we actively and continuously work to identify and address these barriers, demonstrating our unwavering commitment to inclusivity.

Through ongoing collaboration, education, and advocacy, the Prairie View DEI Taskforce strives to cultivate an organizational culture where everyone feels valued, respected, and empowered to thrive. By fostering an environment of equity and inclusion, we enrich the experiences of our staff and clients and strengthen our ability to fulfill our mission of promoting mental health and wellness for all.

If you want more information or want to join the Taskforce, please get in touch with hollisar@pvi.org.

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PRAIRIE VIEW TEAM MEMBERS HAVING FUN IN THE COMMUNITY AND BEYOND



Bella's Corner

Hi there!

Hello friends! It's Bella here, your
furry therapist at Prairie View!

This Spring was paw-some!

I started my day with tail-wagging greetings from my friends at PRTF and belly rubs from my favorite humans. They always make me feel so loved and special.

We kicked off the day with a calming walk around the beautiful grounds. The fresh air and sunshine are perfect for my furry adventures! Some residents joined me, and we explored together, sniffing out new scents and enjoying the outdoors.

In the afternoon, I joined a group therapy session. I sat quietly beside residents as they shared their thoughts and feelings. Sometimes, I would nuzzle up to someone who needed extra comfort. It's incredible how my presence can help them feel safe and understood.

To end the day, we had a relaxation session. I stretched out next to residents as they practiced deep breathing and mindfulness. My peaceful presence helped them focus and relax, easing any tension they may have felt.

Every day with my friends from PRTF is unique because I bring smiles, comfort, and unconditional love to everyone here. I can't wait for tomorrow's adventures! Until then, remember to wag your tail and cherish every moment. 🐾 Love, Bella

YADIRA Y. COOK

We're excited to introduce Yadi Cook, CRC, LPCC, the dedicated Director of Turning Point PRTF. With her extensive experience and unwavering passion for helping children, Yadi leads our team in providing exceptional care and support to those with severe behavioral and emotional needs. Learn more about her inspiring journey and the incredible impact she has on our community.

What is your personal philosophy when it comes to treating children with severe behavioral and emotional needs?

At the core of my approach lies the principle of fostering safety, trust, and mutual respect. I believe in meeting individuals with compassion and creating an emotionally-secure environment with authentic connection. By fostering and atmosphere of safety and trust we empower those we serve to embark on their personal growth and healing journeys.

I firmly believe in the power of consistent rhythms, routines, and structures to support the diverse mental health needs of our residents. By cultivating a predictable and nurturing atmosphere, we provide a space for growth, self-discovery, and the restoration of well-being. This trauma-informed approach not only facilitates a healing process but also allows for the natural unfolding of boundaries and expectations, enabling residents to take ownership of their actions and experience.

This structured yet supportive setting enables us to clearly define boundaries and expectations for our residents, which in turn sets the stage for natural consequences to unfold organically in response to their behaviors. This approach promotes resilience, empowerment, and restoring a sense of self-worth and self-love. Through this strengths-based lens, we can collectively accompany our residents on their journeys towards wholeness and self-actualization.

What do you believe sets Turning Point apart from other psychiatric residential treatment facilities?

When I joined Turning Point in August 2023, the organization had a strong foundation and a dedicated team. Over the past ten months, Mitch Dutcher, the PRTF Supervisor, and I have spent countless hours into implementing a trauma-informed approach, not only in service delivery but also in building our Turning Point team. The unwavering support of Stefanie Roth and Dr. Coulson has enabled our program to thrive within its structure, programming, consistency, and therapeutic framework.

The team-based approach has fostered a collaborative environment where all staff contribute their input, which has been crucial in providing trauma-informed services. This has boosted staff morale and reduced turnover. Adopting a wraparound approach in service delivery has facilitated open communication, with every key team member contributing to the care of our residents.



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YADIRA Y. COOK

Throughout the past year, we have come together as a community and provided positive experiences for our residents, such as the Halloween Trunk or Treat, Christmas gifts, and Teacher and Nursing Appreciation Week celebrations. We aim to expose our residents to positive experiences that they can recreate in their own lives when they return to their home community.

This summer, we are introducing a horticultural therapeutic approach. Research suggests that connecting with nature can lower stress levels, reduce anxiety, and provide a sense of routine. In partnership with our Dining Staff, we have created a garden where residents will plant, nurture, and share the harvest with the Prairie View Community. You may have already tasted the mint water or the basil in the salads/dishes. The idea for the garden stemmed from data collected from our residents regarding food insecurity. This initiative will equip them with gardening skills they can utilize upon their return home.

Additionally, we are focusing on beautifying our Prairie View community by cleaning the landscaping around our Unit, planting flowers, installing birdhouses, and feeding the birds.

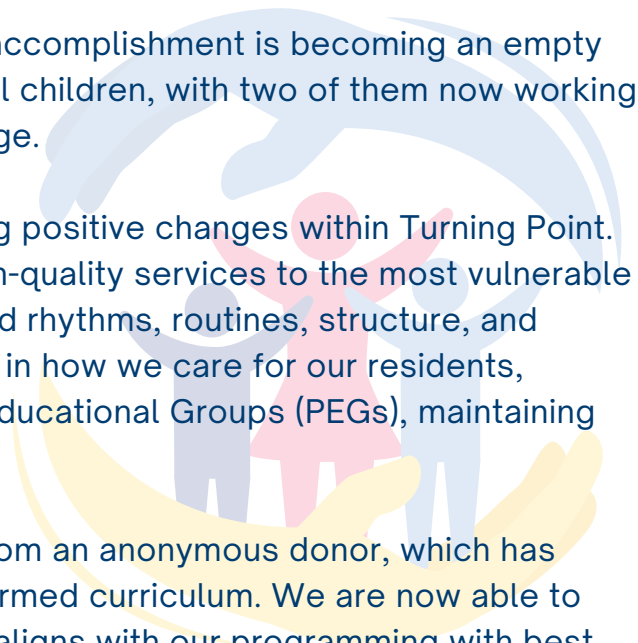
Another initiative involves leveraging the strengths of our staff to lead group activities. Furthermore, we have introduced a healthy lifestyles program this summer. Many of our residents have led unhealthy physical lives due to their mental health. Here at Turning Point, we are implementing a new program that teaches our residents to adopt a positive perspective toward movement. This staff-led initiative encourages regular physical activity, which can trigger the release of dopamine and serotonin while reducing cortisol levels in the body. All these activities are designed to be easily replicable at home with little to no cost for our residents.

Looking back on 2024, what would you say are your top three accomplishments or celebrations, whether in your work at Prairie View or on a personal level?

Looking back at 2024, on a personal level, my greatest accomplishment is becoming an empty nester. My husband and I have raised our three wonderful children, with two of them now working as professionals and our youngest a sophomore in college.

On a professional level, in less than a year, I'm witnessing positive changes within Turning Point. We have come together as a team and are providing high-quality services to the most vulnerable population in our state. This program now has established rhythms, routines, structure, and consistency in the delivery of services. This can be seen in how we care for our residents, reducing the need for restraints and seclusion, Psycho Educational Groups (PEGs), maintaining daily routines and other programming aspects.

The third and most important celebration is a donation from an anonymous donor, which has allowed us to purchase new, up-to-date, and trauma-informed curriculum. We are now able to offer groups led by our therapists with a curriculum that aligns with our programming with best practices in trauma-informed care.



YADIRA'S WHY

I am driven by my belief that everyone has unlimited potential to grow and thrive, regardless of their background. Just as planting a seed allows something new to grow and flourish, I believe that each of us has the capacity to expand our horizons and reach our full potential.

Born into the rich Mexican roots and culture of my heritage and immersed in the American culture through my husband and friends, I have a unique lens that blends diverse perspectives. I strive to instill in my children, as well as all those I interact with, the belief that regardless of one's background, there are no limits to what one can achieve through dedication and hard work.

The only barrier to success is the one we place upon ourselves. My desire is to empower others to overcome self/system-created barriers and succeed in their chosen journey.

WHAT'S YOUR WHY?

Discovering your "why" can be a transformative journey that brings clarity and meaning to your life. It is the foundation upon which you build your dreams, passions, and goals. Here's why you should seek out your "why" and let it guide you:

- **Unleash Your Potential:** When you find your "why," you tap into an inner reservoir of energy and drive. This self-awareness can empower you to pursue your goals with renewed vigor and confidence.
- **Navigate Challenges:** Life can present obstacles and setbacks, but a strong sense of purpose will help you navigate them with resilience and resolve. Your "why" can serve as a beacon that keeps you moving forward.
- **Create a Lasting Impact:** By pursuing your "why," you have the opportunity to make a positive impact on the world around you. Whether it's through your work, relationships, or contributions to your community, your purpose can leave a lasting legacy.

Embrace the journey of discovering your "why." It may take time and introspection, but once you find it, you will unlock a sense of purpose and fulfillment that will guide you through life's adventures. Let your "why" be your compass and inspire you to live a life of meaning and impact.



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Click QR Code to see
job openings and to
APPLY NOW

A close-up photograph of a notepad with a white cover and blue lines. The words 'WE'RE HIRING' are written in large, bold, black, hand-drawn letters. The notepad is resting on a blue surface, and a portion of a white computer keyboard is visible in the background.



Mental Health First Aid - Spread the word!

Join us for FREE Mental Health First Aid training! Space is limited. Call 316-284-6379 or email hollisar@pvi.org for more info or to register. Adult MHFA classes are on July 24, 8:30 am—5 pm in the PV Newton Auditorium.

Youth MHFA classes will be held on July 9 or August 12 from 8:30 a.m. to 5 p.m. in the PV Newton Auditorium.



**FREE MENTAL HEALTH
FIRST AID TRAINING**

Donate NOW

You can help in many ways. Estate gifts create a legacy of hope for years to come. Annual and monthly giving help us provide for the ongoing needs of those we serve. Volunteering shows our patients that there are many who care about their success. Consider a recurring gift for year-round support. [Click here to donate now!](#)



Estate Planning

Leave a lasting impact on mental health by including Prairie View in your estate planning. Join us in creating a future where mental health is prioritized and stigma is erased. Start planning your legacy today! Contact Ashleigh Hollis, Development Coordinator at hollisar@pvi.org or call 316-284-6379 for assistance.

