

# A PRAIRIE VIEW

Sharing Moments That Matter  
April 2024



## 70 ANNIVERSARY GALA & SILENT AUCTION

### **What an incredible milestone!**

Our 70th Anniversary Gala and Silent Auction was a resounding success, filled with joy and celebration. It was heartwarming to see our amazing community come together to support our cause and commemorate this special occasion. As we reflect on the past 70 years of service, we are filled with gratitude for the opportunity to make a difference in the lives of so many. Here's to 70 more years of serving our wonderful communities, spreading hope, and making a positive impact. Thank you for being part of our journey!



# CCBHC ACCREDITATION UPDATE

## Continuous Quality Improvement (CQI)

We are in the beginning stages of the ongoing Continuous Quality Improvement (CQI) process required for the existence, sustainment, and ongoing success of the CCBHC, as tracked by measurable outcomes. CQI is a progressive incremental improvement of processes, safety, and patient care.

Some examples of CQI goals for Prairie View may include improvement of operations, outcomes, systems processes, improved work environment, or regulatory compliance. Some goals will be gradual and occur over time, and others will take the form of adjustments, training, education, or shifts in mindset that occur as the opportunities to improve are identified. We will work with our partners at KDADS to get our initial CQI plan approved and then work to provide quarterly updates on progress towards our improvement goals.



## COLLABORATION WITH LOCAL HEALTH DEPARTMENTS

Partnership between health departments like Harvey and McPherson Counties and organizations like Prairie View is essential for addressing community mental health needs in Kansas. Combining resources and expertise provides a comprehensive approach that includes prevention, treatment, and recovery support, ensuring holistic, trauma-informed Care for individuals and families.

*As a Certified Community Behavioral Health Clinic (CCBHC), Prairie View can extend its range of mental health and substance use services, offering coordinated and integrated Care. This status significantly benefits the tri-county area, enhancing access to crucial services for underserved populations and providing tailored, quality care.*

*Joint efforts lead to better-coordinated Care for individuals with complex needs, improved crisis response, and expanded access to telehealth and community outreach programs. Through data sharing and training initiatives, health departments and Prairie View can identify trends and implement targeted programs that address unique community challenges and reduce stigma around mental health.*

*The partnership fosters community empowerment by engaging local stakeholders and ensuring culturally relevant programs. Together, they create a stronger, more resilient community that supports individuals on their mental health journey and improves the quality of life for all Kansans.*

# PATIENT NAVIGATION

## Helping guide the way to healing

Prairie View's Patient Navigators offer continuous support, guiding patients from their first visit to discharge. They help individuals find resources and services that best fit their mental health needs, ensuring a successful recovery. Their services are free for all patients and visitors. Prairie View accepts most major insurances, including Kansas Medicaid and Medicare, and provides discounted rates for uninsured or underinsured individuals.

### Care coordination & advocacy

Patient Navigators play a pivotal role in assisting individuals in organizing their healthcare services according to their unique treatment goals. With extensive knowledge of the wide range of services offered by Prairie View, they can provide referrals to various healthcare providers, including primary and family care, as well as medical and mental health specialists. Additionally, they can help advocate for patients' needs during medical appointments.

### Community resources

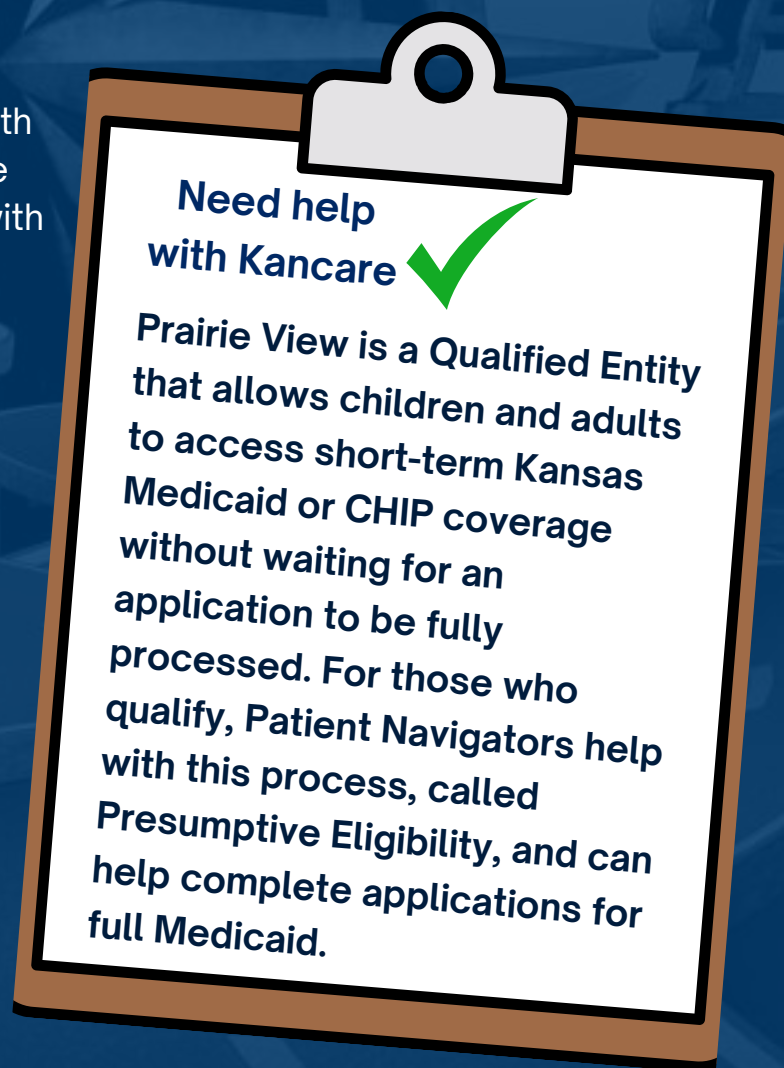
Prairie View's Patient Navigators possess in-depth knowledge of community needs and collaborate with local organizations to connect individuals with essential resources.

### Examples of resources available include are:

- Housing, shelter & rent assistance
- Utility and bill assistance
- Healthcare accessibility, including transport to appointments
- Food source stability
- Education opportunities
- Financial & employment services
- Companionship and social needs

### Care Closet

Prairie View's Care Closets are stocked with donated items for patients and visitors, thanks to the efforts of their Patient Navigators. These emergency resources include a range of items such as food, hygiene products, baby supplies, weather gear, and more, all available to anyone in need. The Care Closets can be found at Prairie View's offices in Newton, Hillsboro, and McPherson.



# BUC RIBBON CUTTING

## Raising the bar for mental health care in Kansas

Our Behavioral Urgent Care Center is a game-changer because it provides immediate support for individuals experiencing a mental health crisis. Unlike traditional emergency rooms, our center offers specialized care tailored to mental health needs, reducing wait times and providing more effective treatment.

This means faster access to crucial support, reduced hospitalization rates, and better outcomes for those in crisis. Ultimately, our Behavioral Urgent Care Center is revolutionizing how we address mental health emergencies, ensuring that everyone gets the help they need when they need it most.



## PRAIRIE VIEW DEI TASKFORCE

The MISSION of the Prairie View DEI Taskforce exists to both identify barriers to and advocate for organizational development of inclusive practices in hiring, retaining, and advancing members of non-majority groups at all levels, as well as to identify exclusionary factors that interfere with quality delivery of trauma-informed services to all in need in the community.

Our work involves empowering individuals by valuing and honoring their unique qualities, including differences in age, gender, ethnicity, religion, disability, sexual orientation, educational background, and nationality.

The DEI Taskforce, in addition to addressing workforce diversity, is proactively committed to ensuring that all community members have access to trauma-informed services that meet their unique needs. We understand that exclusionary factors, such as cultural insensitivity or lack of accessibility, can hinder individuals' ability to seek and receive the care they deserve. Therefore, we actively and continuously work to identify and address these barriers, demonstrating our unwavering commitment to inclusivity.

Through ongoing collaboration, education, and advocacy, the Prairie View DEI Taskforce strives to cultivate an organizational culture where everyone feels valued, respected, and empowered to thrive. By fostering an environment of equity and inclusion, we enrich the experiences of our staff and clients and strengthen our ability to fulfill our mission of promoting mental health and wellness for all.

If you would like more information or would like to join the Taskforce, please contact [Burtonac@pvi.org](mailto:Burtonac@pvi.org)



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## PRAIRIE VIEW COOKED UP DELICIOUS TREATS AT TASTE OF NEWTON!



**Bella's Corner**

Hi there!

It's me, Bella, the happiest therapy dog you'll ever meet.

I'm always excited to bring joy to the children's hearts at Prairie View. They get so excited when they see me, and I can hear them shouting, "Bella's here!" from miles away. It's the best feeling in the world!

Playing fetch is my absolute favorite thing to do, and the kids love it too. I can't help but wag my tail when I see them laughing and giggling as I chase the ball. It's so much fun!

As a therapy dog, I have a very important job. I'm here to help reduce the kids' stress and anxiety, and to promote social interaction. And let me tell you, I'm pretty good at it! I offer unconditional love and support to everyone I meet.

Cuddles and pets are my favorite things in the world, and I'm always ready for some belly rubs. Seeing the children's spirits lifted brings me so much happiness. Being able to offer comfort and support is what I do best.

So, welcome to Bella's Corner, where love and laughter abound. I'm always here for the kids, and I'm always ready to have some fun!

# BRYANT MILLER

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In this edition of "A Prairie View" newsletter, we shine a spotlight on Bryant Miller, a dedicated Licensed Clinical Marriage and Family Therapist and Registered Play Therapist-Supervisor™. Join us as we delve into Bryant's journey, his passion for helping others, and the invaluable contributions he makes to our team and the community.



*What initially drew you to the field of marriage and family therapy and play therapy?*

**I have always gravitated towards the helping field, and was able to get connected with some incredibly special professors and instructors at K-State that led me towards this field.**

**I connect with the systemic approach to health that flows within family therapy work, which also mirrors the mission and vision of the CCBHC model so well. Play therapy is an amazing vehicle to help clients overcome their challenges in an experiential way. I also love to play, and it's incredible when I get to tell people that I play every day for work. :)**

## ACTIVE IN THE COMMUNITY

### Engaging with the next generation

Bryant teamed up with social work students at Bethel College for an engaging session! They dove into Prairie View's transition to a new CCBHC and how it's benefiting our community. From assessing community needs to enhancing accessibility, it was an enlightening exchange of ideas!



### Leading the way on a fun day

You can often find him enjoying quality time with his loved ones. One of his favorite activities is driving the tractor at our annual Family Fun Day event! Whether it's bringing smiles to kids' faces or enjoying the great outdoors, Bryant knows how to make the most of every moment.



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# BRYANT MILLER

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*What inspired you to pursue the AAMFT Approved Supervisor designation and the Registered Play Therapy-Supervisor credential?*

I've been deeply influenced by outstanding supervisors along my journey. Leading and working alongside others is energizing as we learn and grow together. Mentoring new clinicians to foster community impact is rewarding; it's about helping those in need. As they take those first steps in seeking help, it's meaningful to prepare clinicians to be there.

*How do you see the integration of play therapy enhancing the services and support offered by Prairie View?*

Play Therapy is a way of being with a person receiving services that honors their unique developmental level and looks for ways of helping via play experiences. It adds an experiential dimension to therapy that can be so meaningful for anyone needing to look at their presenting problems in a new way. Research suggests play therapy is an effective mental health approach, regardless of age, gender, or the nature of the problem, and works best when a parent, family member, or caretaker is actively involved in the treatment process.

Here's a Link to some great information!

[CLICK HERE](#)

*Looking back on 2024, what would you say are your top three accomplishments or celebrations, whether in your work at Prairie View or on a personal level and how do they contribute to your overall growth and fulfillment as a human being?*

I would be nothing without my Team. They are amazing at the human work they do each and every day.

1. Becoming CCBHC certified is an incredible accomplishment and has already made such a positive impact for the people who receive services from us.
2. Staffing: We've seen a sizable increase to our team as well as improvements in staff retention. I want to take any chance I can to celebrate our staff. Every day I experience resiliency, fortitude, growth mindset, kindness, compassion, patience and gentleness. When we're able to build our working relationships, it allows us to have meaningful conversations to continue to grow and learn together.
3. My boys at home come to mind when I think about celebration and accomplishments (5, 3 1/2, and 6 weeks old). I'm so incredibly blessed to have them in my life and see the kindness, joy, compassion, bravery and tenacity they exude. They can often put things into perspective for me and remind me of the importance of slowing down, taking care of myself, and not taking things so seriously.



# BRYANT'S WHY

I am in a privileged position to be able help others in the challenges that they face. It's easy (for anyone) to feel alone, become discouraged, overwhelmed, and lose hope. Many times we think there are only two choices or options when conflict arises, when alternative choices can be found. My faith has fostered love for others that can allow us to transform unjust systems, care for those who have been harmed and those who cause harm, and build peace amid brokenness. My Why ends up sounding a lot like a familiar mission: to foster healing and growth in individuals and communities by providing behavioral and mental health services with compassion, competence and stewardship in the spirit of Christ.

Two quotes that I keep close are:

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Colossians 3 12-15:

Since it is so likely that (children) will meet cruel enemies, let them at least have heard of brave knights and heroic courage. -C.S. Lewis

## WHAT'S YOUR WHY?

Discovering your "why" can be a transformative journey that brings clarity and meaning to your life. It is the foundation upon which you build your dreams, passions, and goals. Here's why you should seek out your "why" and let it guide you:

- **Unleash Your Potential:** When you find your "why," you tap into an inner reservoir of energy and drive. This self-awareness can empower you to pursue your goals with renewed vigor and confidence.
- **Navigate Challenges:** Life can present obstacles and setbacks, but a strong sense of purpose will help you navigate them with resilience and resolve. Your "why" can serve as a beacon that keeps you moving forward.
- **Create a Lasting Impact:** By pursuing your "why," you have the opportunity to make a positive impact on the world around you. Whether it's through your work, relationships, or contributions to your community, your purpose can leave a lasting legacy.

Embrace the journey of discovering your "why." It may take time and introspection, but once you find it, you will unlock a sense of purpose and fulfillment that will guide you through life's adventures. Let your "why" be your compass and inspire you to live a life of meaning and impact.





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Click QR Code to see  
job openings and to  
**APPLY NOW**



## Mental Health First Aid - Spread the word!

Join us for FREE Mental Health First Aid training! Space is limited. Call 316-284-6379 or email [hollisar@pvi.org](mailto:hollisar@pvi.org) for more info or to register. Adult MHFA classes are on June 11 and July 24, 8:30 am—5 pm in the PV Newton Auditorium.



Youth MHFA classes will be held on May 30 and July 9 from 8:30 a.m. to 5 p.m. in the PV Newton Auditorium.

## Donate NOW

You can help in many ways. Estate gifts create a legacy of hope for years to come. Annual and monthly giving help us provide for the ongoing needs of those we serve. Volunteering shows our patients that there are many who care about their success. Consider a recurring gift for year-round support. *Click [here](#) to donate now!*



## Estate Planning

Leave a lasting impact on mental health by including Prairie View in your estate planning. Join us in creating a future where mental health is prioritized and stigma is erased. Start planning your legacy today! Contact Ashleigh Hollis, Development Coordinator at [hollisar@pvi.org](mailto:hollisar@pvi.org) or call 316-284-6379 for assistance.

