Prairie View
Transforming Lives

Child & Adolescent Services
Every child begins the world again.

Henry David Thoreau

Why Prairie View?
More than 40 therapists and community-based services staff are employed at Prairie View's five locations in south central Kansas.
Outpatient Therapy

Guiding your child or adolescent to transformation

Parenting is hard work, and it can be even harder to admit that you need extra support to help your child or adolescent overcome whatever struggles they’re experiencing.

We take the anxiety out of asking for help, because we have a team of professionals available to surround you and your family with support, knowledge and early intervention.

Our specialty areas include: depression, anxiety, grief, sexual health, behavior issues, Attention Deficit Hyperactivity Disorder, early childhood development, psychological assessments, trauma, eating disorders, anger and more.

Neuropsychological Testing
By performing a series of developmentally appropriate tasks, neuropsychological testing can give an overall picture of how well areas of the brain are working. Your treatment team can use the results to decide the best treatment or rehabilitation program. Often testing is suggested if:

- Your child has a disease that can damage the brain.
- Your child has had an injury that may have damaged their brain, such as a concussion or a more serious brain injury.
- Your child has been exposed to poisons, chemicals, drugs/alcohol or pollution that can cause brain damage.
- Your child has attention deficit hyperactivity disorder (ADHD) or problems in school.

Psychological Assessment
Psychological assessment is a process that uses a combination of techniques administered by a licensed professional to help you and your treatment team understand your child’s behavior, personality and capabilities.

By using research based techniques your Prairie View treatment team helps you identify your child’s strengths and gives you the tools you need to help them overcome and manage their challenges.

Learning Disorders & Academic Assessments
Academic problems can become severe enough to be considered a disorder, such as a disorder of reading, writing, or mathematics.

Academic testing can assist parents and treatment teams in working with local schools.
Why Prairie View?

Our case managers help coordinate services and work with your child to reach specific goals and gain life-transforming skills.

"How you speak to your children becomes their inner voice."
Anonymous
Community-Based Services

Taking a team approach to serving children with a severe emotional disturbance

Community-Based Services uses a team approach with an emphasis on the child and family participation in the development of the treatment goals and individualized services. For a positive outcome, we encourage families to become involved with school, medical, education and other community resources. Community-Based Services are available to those living in Harvey, Marion and McPherson counties.

Individual and Family Therapy
Therapists may be a part of the total treatment plan. They will help children, adolescents and family reach their individualized treatment goals.

Medication Services
Psychiatrists and APRNs are available to make sure your child's medication needs are met. These medical professionals prescribe and monitor medication needs, and are part of the total treatment plan.

Specialized Waiver Services
For those who qualify, SED and PRTF Community-Based Alternative Grant Waivers are available. For information, call 1-800-992-6292.

Case Management
Depending on your child's situation, we may provide targeted case management. This means we'll be available to meet with your child's medical doctor, psychiatrist, court officers or school officials. We'll help you and your family access services and navigate the mental health system.

Community psychiatric support and treatment is also available. In this type of treatment, we'll help teach everyday life skills using interventions related to the child's goals. We can assist in improving symptom self-management, individual therapeutic intervention, assistance in achieving academic progress and self-care skills.

A community support worker provides a one-on-one service to help your child learn and practice skills, and use them in the community.

Does My Child Qualify?
Therapy and medication services are available through your primary insurance, medical card or self-pay. In some cases, your child may qualify through county funding through your local community mental health center. To access Community-Based Services, a child must have a qualifying SED diagnosis provided by a qualified mental health professional and have funding through insurance, medical card or self-pay. There may be limitations depending on the child or family's income.
Why Prairie View?

We believe parental involvement and support are critical for progress toward a healthy lifestyle.

There are two gifts we should give our children: One is roots, the other is wings.

Unknown
Sexual Health Treatment

Helping your child develop age-appropriate, healthy sexual knowledge and behaviors

An understanding of healthy sexuality begins at an early age, and we understand it's an integral part of a healthy lifestyle. Our team of licensed social workers and psychologists has specialized training in the treatment of issues relating to sexuality.

Evaluations

Our Center for Sexual Health staff will complete a thorough evaluation of your child or adolescent prior to starting the treatment process. The results will determine what level of treatment your child will receive.

Back on Track Program

Our Back on Track Program is for 10 to 12 year olds who have engaged in inappropriate sexual behaviors. It usually includes both individual therapy and group therapy. Parent or guardian participation is required.

Children under 10 years of age are evaluated by a therapist who will recommend the appropriate course of treatment.

Stepping Stones Program

Stepping Stones is an outpatient treatment program for adolescents, ages 13 to 17, with sexual behavior problems or a history of abusive sexual behaviors.

In Stepping Stones, your child works on individual treatment goals as well as evidence-based, sexuality-specific topics such as personal accountability, controlling sexual behaviors, anger/impulse management, communication, interpersonal relationship skills and relapse prevention.

Our staff believe in compassionate, caring treatment with a high level of accountability. We focus on honesty, accountability, responsibility and respect.

Completion of Treatment/Continuing Care

Your child's length of treatment is determined by his or her level of risk for engaging in subsequent problematic sexual behavior and the progress toward measurable treatment goals.

During treatment, our staff will work with you to develop a continuing care program, including a relapse prevention plan and the possibility for continued individual or family therapy after successful completion of Stepping Stones or Back on Track.
Why Prairie View?
We place a strong emphasis on social and life skill training in a therapeutic environment.

Children must be taught how to think, not what to think.
Margaret Mead
Special Purpose School

Teaching the skills necessary to function in the classroom and in society

Children and adolescents who struggle with emotional problems often experience difficulties in school. Our Special Purpose School for grades 4 through 12 provides a therapeutic environment where students learn the skills necessary to function successfully in society. Individualized academic instruction and a structure based on positive behavior intervention and support help young people achieve individual success.

Program Goal
The school's primary goal is to help students change their school behavior and performance. Therapy combines with behavior management strategies to help young persons achieve individual success – something many have not previously experienced. The focus is to help students return to their home schools as quickly as possible.

Because many children and adolescents who experience extreme difficulties in school struggle with emotional problems, we help these students receive treatment as well as a quality education. Our students learn appropriate school behaviors, develop more positive attitudes about school, improve peer relationship skills, develop good study habits and improve academic performance.

Academics
Students receive engaging instruction from licensed special education teachers in small groups, paired instruction, individual instruction or computer-aided instruction. Specialized instruction based on the Common Core Curriculum is included, as well as individualized instruction based on diagnostic assessment results, which will help close the academic gaps a student has.

We utilize a computer-delivered, competency-based curriculum for some high school classes. Students earn academic credit towards graduation, based on their effort and achievement and those credits transfer to their home district.

We provide reading and mathematics benchmarking and, if necessary, regular progress monitoring.

Parents receive progress reports on a quarterly basis.
Why Prairie View?
We are the only licensed provider of Behavior Management Through Adventure in the state of Kansas.

We must teach our children to dream with their eyes open.

Harry Edwards
Adventure Programs

Building confidence through games and recreational activities

Our community-based approach relies on the “doing” of specific, confidence-building activities that allow for experience in group process. Its concepts are used in every program phase. All school, recreation and expressive therapy staff are trained in this model and provide a continuity of care for youth.

Behavior Management Through Adventure

We adhere to six tenets:
• Be Here
• Be Safe
• Commit to Goals
• Be Honest
• Let Go and Move On
• Care for Self and Others

When youth live by these principles, they learn to support others, celebrate and recognize progress made by others, address concerns immediately in order to resolve and move on, and take ownership and responsibilities for choices and commit to making positive change.

Learning & Empowerment Through Experiential Programs

LEEP blends on-site experiential learning activities with a day on our adventure course to deliver a powerful program. LEEP allows students to value differences, improve self-efficacy, accomplish positive teamwork and create a safe environment.

We back it up by measuring results with our nationally recognized self-efficacy tool, the Perceived Competency of Functioning Inventory® (PCFI).

The program contains experiential learning sessions that are conducted by a trained facilitator during the school day at your school, and completed with a day on the Prairie View adventure course.

We are the only licensed provider of Behavior Management Through Adventure in the state of Kansas.

We must teach our children to dream with their eyes open.
Why Prairie View?

We understand children have different learning styles, and we adjust our treatment to the child's needs.

If a child cannot learn in the way we teach, we must teach in a way the child can learn.
Alternative Therapy Strategies

Reaching children and adolescents in unconventional ways

What works for one child may not work for another. That's why, to help each child and adolescent meet their goals, we tailor treatment plans to each youth’s needs.

Drumming
Using music in therapeutic settings can promote stress reduction, self expression and team work. It also teaches youth to listen and adjust to others needs. Drumming encourages children to open up faster, let others in and talk about their feelings. And it's fun!

Labyrinth
Walking the Prairie View labyrinth is a calming experience. A labyrinth walk is unique to each person. Using this ancient meditation tool, youth can use their time on the guided path to practice self control, learn conflict management, improve focus or simply pray. Unlike a maze, there are no blind alleys or dead ends.

Pet Therapy
There's something special about a cold, wet nose, big eyes and a friendly, wagging tail. Animals have a unique ability to soften hearts and reach those who were unreachable. Positive interactions with our furry therapists are not only good to relieve the mind, but they can also improve health conditions.

Our animals are well trained and provide assistance for clinicians as part of individualized therapy plans. The animals will entertain, show affection, and eventually motivate patients to tackle issues.

Art Therapy
When children can't fully express themselves verbally, they naturally communicate through art. Art therapy involves the use of art media, the creative process, and the resulting artwork to explore feelings, reconcile emotional conflicts, foster self-awareness, manage behavior and addictions, develop social skills, improve reality orientation, reduce anxiety, and increase self-esteem.

Play Therapy
Play provides a means of allowing a young child to express feelings and emotions while maintaining a safe psychological distance from the problem.

Our registered play therapists help children learn to communicate with others, express feelings, modify behavior, develop problem-solving skills, and learn ways to relate to others.
Why Prairie View?
Youth are guided and supported in their journey by a multidisciplinary team of behavioral health specialists.

Nothing you do for your child is ever wasted.
Garrison Keiller
Turning Point

Helping young people build a bright future

Turning Point is a Psychological Residential Treatment Facility located on our Newton campus for children between the ages of 10 and 17 years. Your child is given a highly structured – yet compassionate – learning environment to grow and make progress toward the eventual goal of living in a less restrictive environment or living an independent life.

Who Benefits from Residential Treatment?
Youth who benefit from Turning Point’s services include those with depressed moods, suicidal thoughts or signs of substance abuse. They may destroy property at home, be defiant in their attitude and inflexible in their thinking, have poor personal hygiene or difficulty falling asleep. These youth may have difficulty making and keeping friends, fight with peers at school, exhibit verbal aggression and threaten others. Their behaviors may have gotten them into trouble at school or with police. Some have had previous psychiatric hospitalization.

Holistic Approach
Your child participates in group, individual, and family therapy designed around their unique needs and led by trained professionals.

We have medical staff available 24/7 to manage medication and promote physical health. Children have opportunities daily to get physical exercise. All children have opportunities to build coping skills and learn how to manage their unique diagnosis. Each child is assigned to an attractive and comfortable living environment providing both private and group spaces.

What You Won't Find Anywhere Else
Additional experiences your child might have at Turning Point that you won’t find anywhere else:

• Build trust, confidence, cooperation, and communication skills on our Adventure Course utilizing both high and low elements.
• One on one fishing adventures, hikes, and wildlife viewing on our 80 acre campus
• Alternative group therapies such as art, music, drumming, yoga and much more
• The Prairie View Labyrinth helps young people learn about meditation and self-regulation
• If needed, specialized therapies through the Center for Sexual Health
About Prairie View

Guiding you on the path to hope and healing

For over 60 years, Prairie View Inc. has been a one-of-a-kind organization offering life-transforming mental and behavioral health services to people of all ages.

If you desire for your family to work toward a common goal of living a more healthy life, consider Prairie View. Our locations in Newton, Hillsboro, McPherson and Wichita provide services to children, adolescents, adults and older adults for a complete range of behavioral and mental health issues including, depression, anxiety, stress, anger, dementia, sexuality related issues, grief, alcohol and substance abuse issues, family and marriage issues and more.

Prairie View Inc. is accredited by The Joint Commission and licensed by the Kansas Department for Aging and Disability Services. Prairie View is also a member of Mennonite Health Services, an organization that brings Anabaptist-related health and human service providers together.

Call us at 1-800-992-6292

Newton | Hillsboro | McPherson | Wichita

www.prairieview.org
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