Sexual addiction is characterized by compulsive behaviors and intense preoccupation with sexual activity. Sexual addiction and pornography addiction are not the same. Sexual addiction may involve erotic images but would include other compulsive behaviors. Sexual or Pornography Addiction does not have to control you.

### Signs of Sexual Addiction
- Compulsively seeking attention through online sexual chats
- Compulsive searching for sexual partners
- Compulsive hiring of prostitutes or escorts
- Frequently visiting massage parlors that offer “happy endings”
- Frequent extra marital affairs
- Exhibitionism or voyeurism

### Signs of Pornography Addiction
- Compulsive viewing of erotic images
- Inability to control viewing
- Disregard for negative consequences of viewing
- Frequent unsuccessful attempts to stop such viewing
- Often no longer wanting to view, but doing so anyway
Specialized Treatment for Sexual or Pornography Addiction Includes:

• Understanding the nature of the addiction
• Mindfulness training
• Managing impulses and cravings
• Developing healthy sexual boundaries
• Understanding how shame drives the addictive cycle and how to reduce feelings of toxic shame while allowing feelings of guilt

For Partners of Sex Addicts
Partners often feel isolated, alone and confused. Therapy can help to:

• Deal with the trauma of discovery
• Understand the nature of the addiction
• Cope with and communicate feelings
• Make empowered choices
• Reclaim your own life

Sexual Health Services at Prairie View

• Specialized treatment for sexual addiction
• Treatment for sexual dysfunction
• Treatment for trauma using EMDR when appropriate
• Counseling with LGBTQ issues
• Gender dysphoria therapy
• Adult sex offender treatment
• Adolescent sex offender treatment

Transform Your Life at Prairie View

In addition to treatment offered by Sexual Health Services, Prairie View also offers psychological assessments, alternative therapy strategies, neuropsychological testing, adventure programs, and more. Find hope and healing at Prairie View.

Call us at 800-992-6292

Prairie View is accredited by The Joint Commission and licensed by the Kansas Department for Aging and Disability Services. Prairie View is also a member of Mennonite Health Services, an organization that brings Anabaptist-related health and human service providers together.